



OPENING PREVIEW - FINAL MENU MAY VARY

BISTRO SANDWICHES

- ✦ **JUST CHEESE** - Soft whole wheat bread with cheddar cheese slices.
- ✦ **TnT** - Natural Truey breast, fresh Tomato, crisp lettuce & cheese.
- ✦ **HAM IT UP** - Black Forest Ham with crisp lettuce & cheese.
- ✦ **BETHANY'S BAGEL CLUB** - Natural Turkey breast, Black Forest Ham and Applewood-smoked Bacon with fresh lettuce and tomato on a soft wheat bagel.
- ✦ **CHEF'S SPECIAL** - Inspired rotating selections such as BBQ chicken, Pulled Pork, Italian Salami & more.

HEARTY WRAPS

- ✦ **MEDITERRANEAN MAGIC WRAP** - House made hummus, sliced cucumber, red onion & mixed greens drizzled with a touch of herbed olive oil. Also served with grilled chicken breast.
- ✦ **NEW LEAF GARDEN WRAP** - Mixed greens, cucumber, and tomato with a subtle but colorful burst of beets and carrots with green goddess dressing. Also served with natural turkey breast.
- ✦ **SOUTHWESTERN WRAP** - Perfectly seasoned black beans, sliced red pepper, greens, and cheddar cheese with house salsa fresca on the side. Also served with grilled chicken breast.
- ✦ **MAMA'S SPECIAL WRAP** - With all the comfort of home, a rotating selection of tuna salads, chicken salads and egg salads made with the freshest ingredients and reduced fat mayonnaise.

NEW LEAF SALADS

- ✦ **THE POINTE SPA SALAD** - A bountiful blend of crisp greens, colorful beets and carrots, tender cucumber, and fresh tomato. Also served with natural turkey breast.
- ✦ **MEDITERRANEAN SALAD** - Gorgeous greens, sliced cucumber, red onion, olives & feta cheese. Also served with grilled chicken breast.
- ✦ **BETHANY'S CLUB SALAD** - Natural turkey breast, black forest ham, and applewood smoked bacon bits, with two kinds of cheese and tomatoes on hearty mixed greens.
- ✦ **OREGONIAN SALAD SPECIAL** - Fresh, local greens with varying blends of dried fruit, nuts and cheese crumbles. Also served with grilled chicken breast.
- ✦ **MAMA'S SCOOP-DE-DOOP SPECIAL** - A delicious scoop of our tuna or chicken salad special on mixed greens

OUR SANDWICHES, WRAPS AND SALADS ARE READY-MADE FOR YOUR SPEED AND CONVENIENCE. WE ENCOURAGE YOU TO GET CREATIVE AND CUSTOMIZE WITH OUR NEW LEAF BISTRO GOURMET DRESSING & CONDIMENT BAR OR SMALL BITES ADD-INS.



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CHEF'S ENTRÉE SPECIAL

Our Daily Chef's Entrée will be perfect for a hearty, healthy dinner or any time of day. Rotating selections may include flatbreads, artisan pizza, BBQ chicken, garden lasagna, and more. Our convenient service system makes it perfect for enjoying here or To Go!

SMALL BITES

Perfect for lil' ones, snacks, add-in's or sides, all a part of our mission for healthful convenience.

- ✦ **MAMA'S SALAD SCOOP** - Perfectly portioned container of our chicken or tuna salad special.
- ✦ **HUMMUS CUP** - Select crostini or veggies for dipping with this house-made delight.
- ✦ **PROTEIN FIX** - Grab a hard-boiled egg, or a small cup of seasoned black beans, crumbled bacon, chopped ham, chopped turkey or sliced grilled chicken.
- ✦ **GARDEN BOX** - Fruit & veggies, whole, diced or cut.
- ✦ **DAIRY FARM** - Nonfat yogurts in addition to cheese selections for add-ins or on their own.
- ✦ **GRAB BAGS** - Couldn't be easier! House crostini, goldfish crackers, cheerios, granola, trail mix, chips and more!

NEW LEAF BAKERY

- ✦ **MIGHTY MUFFINS** - Delicious selections full of nutritious nuts and/or sweet berries. Made with applesauce to lower fat content. A treat you'll really love.
- ✦ **HOUSE ENERGY BAR** - Packed with protein and carbs and made fresh in our kitchen.
- ✦ **HEARTY BAGELS** - With cream cheese if you'd like.
- ✦ **SCONES & PASTRIES** - Rotating selection fresh each morning.
- ✦ **COOKIES & SWEETS** - Everyone deserves a special treat sometimes!

GOURMET DRESSING & CONDIMENT BAR

Dressings: Herbed Oil, Vinegar, Ranch, Poppyseed, Nonfat Vinaigrette. Caesar.
Mustards, Mayonnaise and Spreads. Sunflower seeds, House Croutons, Banana Peppers, Red Onion
Nutritional Yeast, Salt Free Herb Blend, Salt & Pepper Blend

BEVERAGES

Fresh Smoothies, Coffees, Teas, Bottled Drinks, Fountain Sodas, Beer & Wine.